

Dance: Chinese New Year: Celebrations

Work through the Robins PE PowerPoint and discuss, watch and complete the tasks on each slide.

(This resource contains links to external video websites. These websites often have autoplay features meaning that other videos will play after the video you are watching finishes. You should disable this feature before using the video in any classroom or similar setting.)

Aim: To perform a dance using simple movement patterns in the context of Chinese New Year celebrations. To put a sequence of actions together.

Let's Get Ready

Chinese New Year: Slide 5: Prior to starting, introduce and explain Chinese New Year and how it is celebrated, referring to the Lesson Presentation and already learnt facts from this week.

Celebrating Chinese New Year: Slide 6: Children watch this short video clip to see some children celebrating Chinese New Year. Can you spot the different ways people celebrate Chinese New Year?

Celebrations: Slide 7: Children match the words with the images of the Chinese New Year celebrations shown on the Lesson Presentation. Share the answers.

Year of the Ox: Slide 8: Use the Lesson Presentation to share the information about 2021 being the year of the Ox.

Warm-Up:

Paint It Red: Slide 10

Arm and Shoulder Stretches: Slide 11:

Main Session:

Celebrations Dance: Slide 12: Explain that the children will develop a dance inspired by the Chinese New Year celebrations, referring to the Lesson Presentation. You may wish to play the suggested music, or an alternative of your choice, for the children to work with while they are learning the actions and developing and performing their dances. (Some of the slides refer to working in a group or presenting to the rest of the class which is not possible whilst learning from home, but please feel free to video your child completing their actions and dance as we would love to watch it and give them the positive feedback that we are sure it will deserve.)

Celebrations Actions: Slides 13 to 17: Referring to the Lesson Presentation, show the children how to do each of the actions: fireworks, fan, dragon, lantern and lion. Children copy and repeat each of the actions as you describe them and refer to the images. Can you copy and repeat the celebrations actions?

Call and Response: Slide 18: Call out each of the Chinese New Year celebrations and ask the children to perform the corresponding action. Can you remember all of the different actions? Share the correct actions as shown on the Lesson Presentation.

Changing Speed: Slides 19 and 20: Encourage children to listen to the music and think about which actions fit best with the different speeds of the music. Give children the chance to try out the actions with the music. Share some of the suggestions shown on the Lesson Presentation. Can you change the speed of your actions based on the music?

Plan Your Dance: Slide 21: Children work to plan their dance to show how Chinese New Year is celebrated. They should use the actions they have learnt and should work to decide which order they will perform each action. Encourage children to think about making sure they choose fast actions when the music is fast and slow actions when the music is slow.

Practice Performance: Slide 22: Perform their dance to music. Encourage them to evaluate their dances so far by using the questions on the Lesson Presentation. Have you remembered all of the actions? Have you put the actions in your own order? Have you changed the speed of the actions?

Plan Your Dance 2: Slide 23: Children go back to developing and rehearsing their dances, thinking about whether they have remembered the actions, if they need to put the actions in a different order or if they need to change the speed of any actions.

Perform! Slide 24: Perform their dance whilst maybe an audience from home could watch.

Cool-Down:

Sleeping Lions: Slide 25: Refer to the Warm-Up and Cool-Down Cards for instructions of the cool-down activity.