








		Orchard Class					
		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
 <b>beyond the physical</b>	<b>Lesson 1</b> or Lessons 1 & 2 for the first three weeks	<b>Learning theme</b> play move explore 	<b>move match magic</b> 	<b>crawl climb collect</b> 	<b>explore evade escape</b> 	<b>hands feet equipment</b> 	<b>agility balance coordination</b> 
	<b>NCPE link</b> 'Physical Development – Early Learning Goal – Gross Motor Skills'	<b>Physical Development – Early Learning Goal – Gross Motor Skills'</b>	<b>Physical Development – Early Learning Goal – Gross Motor Skills'</b>	<b>Physical Development – Early Learning Goal – Gross Motor Skills'</b>	<b>Physical Development – Early Learning Goal – Gross Motor Skills'</b>	<b>Physical Development – Early Learning Goal – Gross Motor Skills'</b>	<b>Physical Development – Early Learning Goal – Gross Motor Skills'</b>
<b>Lesson 2</b> or Lessons 1 & 2 for the last three weeks	<b>Learning theme</b> Parachute Games	<b>Dance &amp; Moving to Music (Nativity)</b>	<b>search steal share</b> 	<b>Local Area Walks</b>	<b>Sports Day</b>	<b>Swimming</b>	
	<b>NCPE link</b> Gross Motor Skills	<b>Gross Motor Skills &amp; Moving to a beat</b>	<b>Physical Development – Early Learning Goal – Gross Motor Skills'</b>	<b>Gross Motor Skills &amp; Health &amp; Self-care</b>	<b>Gross Motor Skills</b>	<b>Gross Motor Skills &amp; Water Safety</b>	



## Robins Class - Year A

Lesson 1

or

Lessons 1 & 2 for the first three weeks

Lesson 2

or

Lessons 1 & 2 for the last three weeks

Learning theme

NCPE link

Learning theme

NCPE link

Autumn 1

look  
run  
avoid



'Team games, developing simple tactics for attacking and defending'

Swimming

Water Confidence & Movement in Water

Autumn 2

agility  
balance  
coordination



'Master basic movements including agility, balance and coordination'

Dance & Moving to Music (Nativity)

Gross Motor Skills & Moving to a beat

Spring 1

jump  
shape  
create



'Develop fundamental movement skills - locomotion and stability'

Spring 2

hands  
feet  
equipment



'Develop fundamental movement skills - object control'

Summer 1

run  
jump  
throw



'Master basic movements including running, jumping and throwing'

Sports Day









Control & Co-ordination









Summer 2

fair  
share  
dare



'Embed values such as fairness and respect'

		Robins Class - Year B					
		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
 <b>Lesson 1</b> or Lessons 1 & 2 for the first three weeks	<b>Learning theme</b>	throw prepare catch 	react roll retrieve 	inspire create perform 	send receive return 	duel win lose 	target control combine 
	<b>NCPE link</b>	'Master basic movements including throwing and catching'	'Develop fundamental movement skills - locomotion and object control'	'Perform dances using simple movement patterns'	'Develop fundamental movement skills - object control'	'Team games, developing simple tactics for attacking and defending'	'Master basic movements including throwing and coordination'
 <b>Lesson 2</b> or Lessons 1 & 2 for the last three weeks	<b>Learning theme</b>	Swimming	Dance & Moving to Music (Nativity)			Sports Day	
	<b>NCPE link</b>	Water Confidence & Movement in Water	Gross Motor Skills & Moving to a beat			Control & Co-ordination	

		Golden Eagles - Year A					
		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<b>Lesson 1</b> or Lessons 1 & 2 for the first three weeks	<b>Learning theme</b> look run avoid 	<b>agility</b> <b>balance</b> coordination 	<b>inspire</b> <b>create</b> <b>perform</b> 	<b>hands</b> <b>feet</b> equipment 	<b>run</b> <b>jump</b> <b>throw</b> 	<b>strike</b> <b>react</b> <b>rally</b> 
	<b>NCPE link</b> 'Competitive games; principles of attacking and defending' 'Use running, jumping, throwing and catching in isolation and in combination' 'Perform dances using a range of movement patterns' 'Apply and develop a broader range of skills and use them in different ways' 'Use running, jumping and throwing in isolation and in combination' 'Apply and develop a broader range of skills and use them in different ways'						
<b>Lesson 2</b> or Lessons 1 & 2 for the last three weeks	<b>Learning theme</b>			<b>Swimming</b>	<b>Swimming</b>	<b>Sports Day</b>	<b>fair</b> <b>share</b> <b>dare</b> 
	<b>NCPE link</b>			<b>Water</b> <b>Confidence</b> <b>&amp; Swimming</b> <b>Strokes</b>	<b>Water</b> <b>Confidence</b> <b>&amp; Swimming</b> <b>Strokes</b>	<b>Control &amp;</b> <b>Co-ordination</b>	'Embed values such as fairness and respect'



## Golden Eagles – Year B

Lesson 1

or

Lessons 1 & 2 for the first three weeks

Learning theme

NCPE link

Lesson 2

or

Lessons 1 & 2 for the last three weeks

Learning theme

NCPE link

Autumn 1

pass  
position  
patience



'Competitive games; principles of attacking and defending'

Autumn 2

jump  
shape  
create



'Develop flexibility, strength, technique, control and balance'

Spring 1

symmetry  
balance  
travel



'Develop flexibility, strength, technique, control and balance'

Spring 2

react  
roll  
retrieve



'Apply and develop a broader range of skills and use them in different ways'

Summer 1

duel  
win  
lose



'Competitive games; principles of attacking and defending'

Summer 2

target  
control  
combine



'Apply and develop a broader range of skills and use them in different ways'

Swimming

Water  
Confidence  
& Swimming  
Strokes

Swimming

Water  
Confidence  
& Swimming  
Strokes

Sports Day

Control &  
Co-ordinati  
on

accuracy  
power  
distance



'Develop strength, technique, control and balance'



## Barn Owls - Year A

Lesson 1

or

Lessons 1 & 2 for the first three weeks

Learning theme

NCPE link

Lesson 2

or

Lessons 1 & 2 for the last three weeks

Learning theme

NCPE link

Autumn 1

evade  
invade  
capture



'Competitive games; principles of attacking and defending'

Autumn 2

explore  
solve  
challenge



'Take part in outdoor and adventurous activity challenges'

Spring 1

symmetry  
balance  
travel



'Develop flexibility, strength, technique, control and balance'

Spring 2

fair  
share  
dare



'Embed values such as fairness and respect'

Summer 1

run  
jump  
throw



'Use running, jumping and throwing in isolation and in combination'

athletics



'Play competitive games, modified where appropriate'

Summer 2

lend  
move  
score



'Competitive games; principles of attacking and defending'

explore  
solve  
challenge



'Take part in outdoor and adventurous activity challenges'



**Barn Owls – Year B**

**Lesson 1**

or

Lessons 1 & 2 for the first three weeks

**Learning theme**

**NCPE link**

**Lesson 2**

or

Lessons 1 & 2 for the last three weeks

**Learning theme**

**NCPE link**

**Autumn 1**

**block guard support**



'Competitive games; principles of attacking and defending'

**Autumn 2**

**watch move connect**



'Use throwing and catching in isolation and in combination'

**Spring 1**

**inspire create perform**



'Perform dances using a range of movement patterns'

**Spring 2**

**serve set slam**



'Play competitive games, modified where appropriate'

**Summer 1**

**speed distance strength**



'Demonstrate improvement to achieve their personal best'

**Summer 2**

**aim strike retrieve**



'Apply and develop a broader range of skills and use them in different ways'

**athletics**



'Play competitive games, modified where appropriate'

**explore solve challenge**



'Take part in outdoor and adventurous activity challenges'